

# CATCH | CANADIAN EARLY ARTHRITIS COHORT

## List of resources about treatment effects for men and women, intimacy, pregnancy, and women's health

We have compiled a list of patient resources from credible arthritis organizations across Canada.

### **Alberta Rheumatology** (<https://albertarheumatology.com/>)

- [Rheumatoid Arthritis and Pregnancy](#)
- [Ask the Rheumatologist: What Arthritis Medications are Safe During Pregnancy?](#)
- [Lupus & Pregnancy](#)
- [Lupus and Pregnancy video](#)

### **Arthritis Consumer Experts** (<https://jointhehealth.org/>)

- [Love, sex, and arthritis](#)
- [JointHealthTM insight – Heart's content](#)
- [JointHealthTM insight – Arthritis and family: the importance of healthy communication](#)
- [JointHealthTM Education – Managing your world with arthritis](#)
- [Arthritis At Home Episode 105 – Pregnancy experience while living with rheumatoid arthritis](#)
- [Interview 28 - Katie LeBlanc with Nicole Tsao - The use of biologics during pregnancy](#)
- [Interview 7 - Cheryl Koehn with Dr. Neda Amiri - Pregnancy with arthritis](#)
- [Arthritis At Home Episode 69 – What should patients living with rheumatic diseases consider when planning for a pregnancy?](#)

### **Arthritis Research Canada** (<https://www.arthritisresearch.ca/>)

- [Impact of Arthritis Medications on the Mother and Child During Pregnancy and Beyond](#)
- [Mental health of parents with Autoimmune Rheumatic Diseases during early child development](#)
- [Does osteoarthritis affect brain activities?](#)
- [Rheumatoid Arthritis and Family Planning: Understanding the Partner Perspective](#)

### **Arthritis Society Canada** (<https://arthritis.ca/>)

- [Intimacy and Arthritis](#)
- [Sex Talk](#)
- [Intimacy Guide](#)
- [Women, arthritis and neuropathic pain](#)
- [Women and arthritis](#)

- [Research on biologics use before and during pregnancy](#)
- [Thinking about having a baby? What you need to know](#)
- [Arthritis drugs in pregnancy: What's safe?](#)

**Canadian Arthritis Patient Alliance** ([www.arthritispatient.ca](http://www.arthritispatient.ca))

- [Sexuality and Family Planning](#)
- [Pregnancy, Birth and Beyond](#)
- [Medication Use during Pregnancy](#)
- [Parenting: Coping and Acceptance](#)
- [Parenting: Dealing with Fatigue and Flares](#)
- [Life Hacks to Help Care for Children](#)

**Canadian Association of Psoriasis Patients** (<https://www.canadianpsoriasis.ca/en/>)

- [PsolIntimate](#)
- [Psoriasis and Relationships](#)
- [PsA and Relationships](#)

**Canadian Spondyloarthritis Association** (<https://sparthritis.ca/>)

- [Living a fulfilling sex life with SpA](#)
- [How to have a healthy sex life while living with Spondyloarthritis](#)
- [Living With Chronic Pain, A Healthy Sex Life Can Take Creativity](#)
- [So you want to have a a baby? Pregnancy & Arthritis Webinar](#)

**Creaky Joints Canada** (<https://creakyjoints.ca/>)

- [A Patient's Guide to Pregnancy and Family Planning with Rheumatic Diseases](#)
- [Webinar: Pregnancy and Family Planning for Women with Autoimmune Conditions](#)
- [What I've Learned About Having Great Sex While Living with Rheumatoid Arthritis](#)
- [When the Elephant in the \(Rheum Exam\) Room Is S-E-X](#)

**Take a Pain Check Foundation** (<https://www.takeapaincheck.com/>)

- [Episode 63 - Dateability](#)
- [Blog Post: Accessible Dating](#)
- [Blog Post: Inflammation and Intimacy](#)
- [Blog Post: Let's Talk About Sex](#)
- [Episode 39 - Accidentally on Purpose: How Pregnancy Changed my Life](#)