

# CATCH | CANADIAN EARLY ARTHRITIS COHORT

## **List of resources on rheumatoid arthritis medications and their side effects**

We have compiled a list of patient resources from credible arthritis organizations across Canada.

### **Arthritis Consumer Experts (<https://jointhealth.org/>)**

- [Arthritis At Home Episode 139 – Development of “on-demand” model of care for rheumatoid arthritis](#)
- [Arthritis At Home Episode 110 – Prescribing and monitoring physical activity in people living with arthritis](#)
- [From discovery to the patient: The long and winding road towards drug development, review, and public reimbursement in Canada](#)
- [Arthritis Medications Report Card](#)
- [National Survey Report on Arthritis Medications Reimbursement for People with Arthritis](#)
- [Biosimilars: The next generation of biologic treatment for inflammatory arthritis patients](#)
- [Biosimilars exchange](#)

### **Arthritis Research Canada (<https://www.arthritisresearch.ca/>)**

- [Studying cell behavior to predict individual responses to methotrexate treatment](#)
- [The Effects of Arthritis Medication on Cancer Patients with Inflammatory Arthritis](#)
- [Impact of Arthritis Medications on the Mother and Child During Pregnancy and Beyond](#)
- [Rheumatoid Arthritis – Determining the best treatment for each person](#)
- [Individualizing rheumatoid arthritis therapy](#)
- [Biosimilars Unpacked](#)

### **Arthritis Society Canada (<https://arthritis.ca/>)**

- [Biologics and Biosimilars for the Treatment of Inflammatory Arthritis](#)
- [Understanding Biosimilars webinar with Dr. Tom Appleton](#)
- [Biologics, Biosimilars and JAK Inhibitors webinar with Dr. Alan Low](#)
- [Inflammatory Arthritis Medications Simplified](#)
- [Biologics and biosimilars article](#)
- [Medication Reference Guide](#)

**Canadian Arthritis Patient Alliance** ([www.arthritispatient.ca](http://www.arthritispatient.ca))

- [Medications to Treat Inflammatory Arthritis](#)
- [Tips and Tricks When Taking Methotrexate](#)
- [Methotrexate and Biologics](#)
- [Better Understanding Biosimilar Medications video](#)
- [Questions You May Wish to Ask Your Healthcare Provider about Biosimilars](#)
- [Biosimilars information page](#)

**Canadian Spondyloarthritis Association** (<https://sparthritis.ca/>)

- [Non-Pharmacological Treatments](#)
- [Pharmacological Treatments](#)

**Creaky Joints Canada** (<https://creakyjoints.ca/>)

- [A Patient's Guide to Understanding Biosimilars](#)